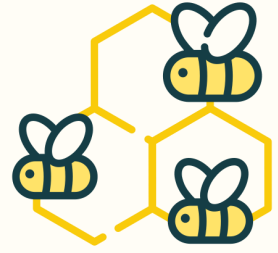


Cheddar First School

Where Every Child Is at the Heart



Issue No. 31

13th May 2026

School Newsletter

Message from Mrs Smith:

We have had such an exciting week with our Year 4 children taking part in their two night residential. Our wonderful children were so brave and resilient on this trip, taking part in a number of adventurous activities for the first time and spending two whole nights away from home! The children who stayed here at school also took part in a number of different exciting activities and were incredible role models for our younger children. We were so incredibly proud of our entire Year 4 this week for demonstrating our school values both inside and outside of school and we can't believe they are starting to get ready to leave us!

Also this week, we have been raising awareness of Mental Health by taking part in May Miles for Minds in association with The Space, in Cheddar. This has been a wonderful opportunity to not only support this very worthwhile and supportive charity, but also to remind our children about positive ways in which they can keep their bodies and minds healthy. During the week the children have smashed their 100 miles challenge that we set them and actually completed 274 miles, which is incredible. Thank you so much for your support this week the final total raised for The Space was £187 with Year 2 winning the prize for the most sponsorship raised as a group. If you would still like to make a contribution please use the following links: [Reception](#), [Year 1](#), [Year 2](#), [Year 3](#), [Year 4](#)

The Reception teachers for next year - Miss Alen, Mrs Corry, and Mrs Bell - are looking forward to welcoming all new Reception pupils at our treasure hunt next Wednesday at 4pm. The rest of the teaching team will also be there to say hello and offer a helping hand!

Looking forward to seeing you at our FPTA Summer Party later today – have a good weekend!

Be Proud!

Ladybirds	Arthur	Goldfinch	Romie
Bumblebees	Rosa	Woodpecker	Jimmy
Caterpillars	Catherine	Skylark	Chloe
Butterflies	Zaina & Yara	Falcon	Poppy
Wren	Solomiia	Kestrel	Willow
Robin	Tilly	Swan	Everyone!
Kingfisher	Ava	Puffin	Everyone!

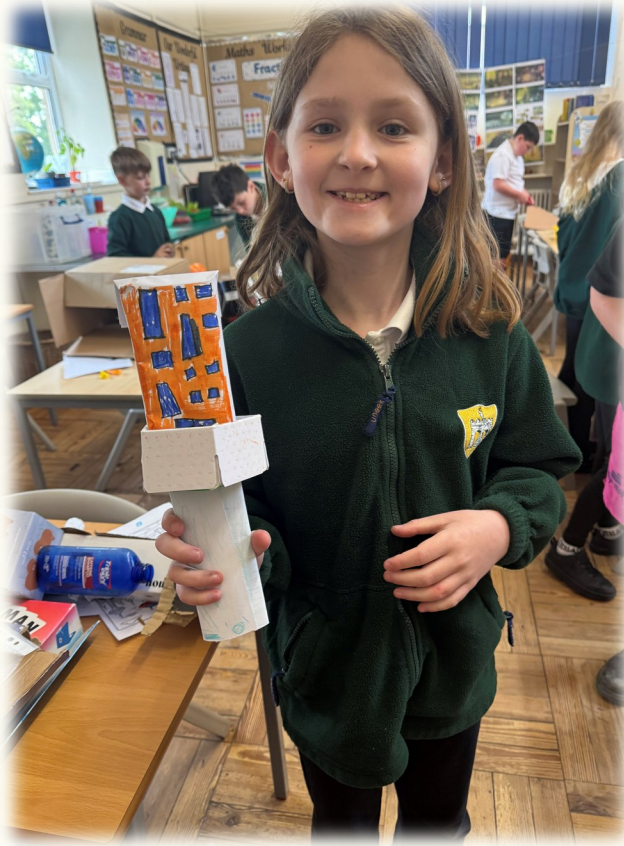
Team Talk

This term, the focus is on the range of feelings our bodies feel. This week, to align with Mental Health Week the children explored how daily habits such as sleep, exercise and talking to others support their wellbeing. They also identified small ways to look after themselves.

Year 4s at School!

The year 4 children who were in school had lots of fun this week! They worked on designing and painting their own futuristic worlds before using materials to create 3d models of their world. They also worked on their team building skills by attempting the pringle ringle challenge - it was hard work! Finally, they enjoyed creating nature pictures at forest school and creating their own bug hotels.

Well done to all of those children for their positivity and perseverance this week!



Year 4s at School!



Wear it Green Day!

Wear it Green Day - Thursday 14th May



£111 raised so far!
Thanks to everyone who has donated to this worthy cause.
If you are able to, you can still donate [here](#)



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This week in Preschool!



Another week of new experiences for children in Preschool with children meeting different animals - rabbits, chickens and guinea-pigs!

Older children prepared a rainbow fruit salad trying new food and focused on looking after ourselves - we loved the outside yoga and joined in "Wear it Green".



Dear Parent/Carer,

Tuning Into Parenting: Emotion Coaching Our Children

This free evidence-based programme focuses on building emotional intelligence in children by helping parents and carers learn how to better understand, connect with, and guide their child through their emotions. The aim is to create a more holistic, whole-family approach to emotional development and wellbeing.


We have successfully run our first programme and are now looking to follow this up.

We have two times on offer, and we will go with the most popular so please let us know if you prefer a morning or evening session or if you are available for either.

Workshop Details:

 **Start Date:** Wednesday 03rd June for our Introduction Session

 **Time:** 10am - 12pm or 5pm – 7pm

 **Location:** Coffee @ The Hub (Private Room) in Central Cheddar

 **Duration:** 5 consecutive Wednesdays until the end of term

What you'll gain from the workshop:

- Practical strategies to support your child's emotional development
- Improved communication and understanding between you and your child
- Tools to manage challenging behaviours through empathy and connection
- A chance to connect with other parents and share experiences in a supportive space

We would be delighted if you could join us. If you're interested in attending, or if you have any questions, please contact Sue on email ssummers@thespacesomerset.org.uk or

Phone: 07717 679712

Facilitators: Sue



Katharine



Term Dates

The term dates for 2026-27 can now be found on our website here:

https://cheddarfirstschool.co.uk/dates-news-letters/calendar_n/

Dates for your Diary

Date	Event
Tuesday 19 th May	Swan's MTC Parents' Information Evening: 3:30-4:15pm
Wednesday 28 th May	Year 1 Phonics Screening Meeting. 9am
Thursday 21 st May	Puffin's MTC Parents' Information Evening: 3:30-4:15pm
Friday 22 nd May	FPTA Cake Sale - Goldfinch & Kingfisher Classes
Friday 22 nd May	Last day of Term 5
Monday 1 st June	Term 6 starts!
Wed 3 rd - Thurs 4 th June	Year 3 Residential to the Mendip Activity Centre
Wed 10 th - Wed 17 th June	Book Fair all week
Friday 12 th June	History Dress-Up Day! More info to follow...
Friday 12 th June	FPTA Cake Sale - Robin Class
Friday 19 th June	FPTA Cake Sale - Wren Class
Friday 26 th June	Sports Day!
Thursday 9 th July	Year 4 Leavers Service & BBQ
Friday 17 th July	Last day of this academic year!
Monday 7 th September	First day of the new academic year!

Safeguarding

Safeguarding is everyone's responsibility. If you are concerned about a child and would like to talk to a member of staff in private, please make an appointment with one of the team via the office.

Designated Safeguarding Lead: Mrs. Smith

Deputy Designated Leads: Mrs. Griffin and Mrs. Wade

As parents, you can also contact NSPCC 0808 800 500 and Somerset Direct 0300 123 2224



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