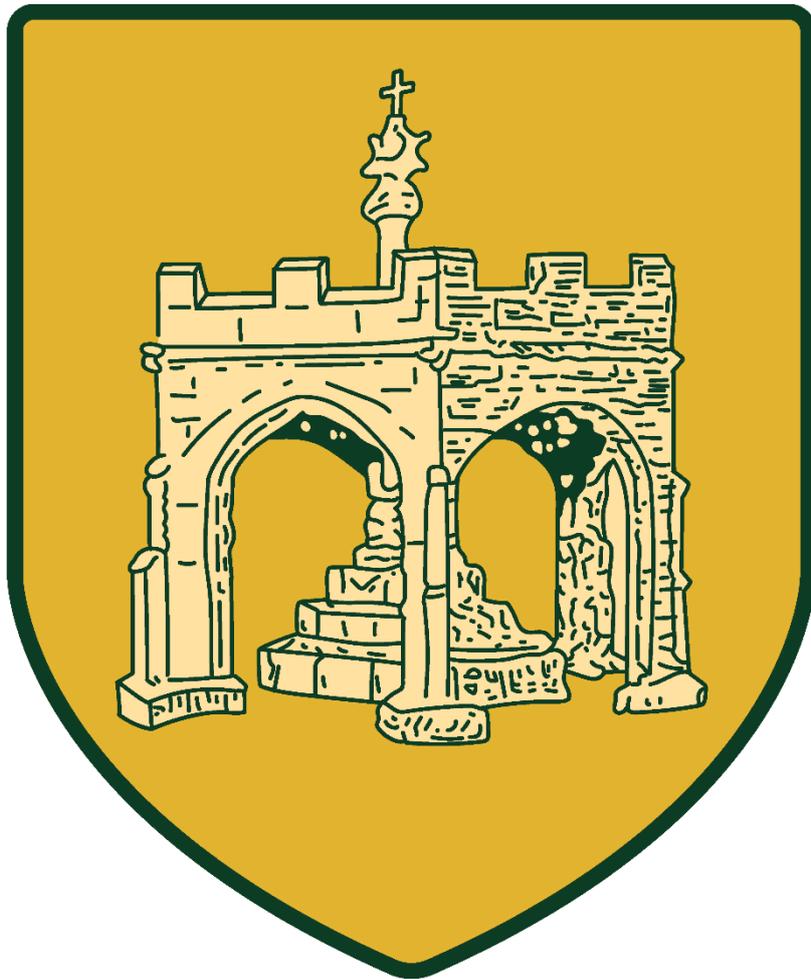




Cheddar First Preschool

Where Every Child Is at the Heart

Breastfeeding and Infant Feeding Policy



Date Agreed	30 th January 2026
Review Date	30 th January 2027

Policy Statement

We recognise the importance of breastfeeding and the benefits it brings to both babies and parents. Our setting is committed to supporting parents to make informed choices about how they feed their baby. We work in partnership with parents to ensure that feeding practices meet the individual needs of each child and promote their health and wellbeing.

We follow current Department of Health and NHS guidance on infant feeding, which states that:

- Breast milk is the best form of nutrition for infants
- Exclusive breastfeeding is recommended for the first six months (26 weeks) of life
- Solid foods should be introduced at around six months
- Breastfeeding and/or the use of breast milk substitutes may continue beyond six months alongside appropriate solid foods

Our Practice

Parents are welcomed and supported to breastfeed or feed expressed breast milk within the setting at any time.

Where a parent requests privacy, staff will make every reasonable effort to provide a suitable, comfortable space.

Toilet and baby-changing areas are not offered as spaces for infant feeding, as these do not provide a hygienic environment.

Staff provide clear, accurate and impartial information and signpost parents to appropriate local and national infant-feeding support services.

In line with best-practice guidance, promotional materials for formula milk and bottle feeding are not displayed within the setting.

If a visitor objects to a parent breastfeeding, the visitor will be sensitively moved to another area. The parent feeding their baby will not be asked to stop or move.

Staff work in partnership with health professionals and relevant support organisations to ensure a consistent approach to infant feeding.

We do not discriminate against any parent or child on the basis of their chosen method of feeding, and staff do not impose or influence feeding choices.

This policy should be read alongside the Feeding Policy, Milk and Baby Food Preparation Policy and the Mealtime Policy.

This policy is reviewed annually and updated in line with current legislation, statutory guidance, and best practice.