

Safeguarding Bulletin No 1



8 October 2024

Welcome Back!

Welcome to the first safeguarding newsletter of the academic year!

As we start the year we would like to remind you that at Cheddar First School and Preschool, safeguarding and the promotion of children's welfare is our top priority. We aim to provide a safe and secure environment for pupils, staff, volunteers and visitors, and ensure that children are at the heart of all our decision making. But safeguarding is everyone's responsibility and we all have a role to play.

Our termly safeguarding newsletters have been created to help you understand the procedures to follow if you have any concerns, and to keep you up-to-date with current safeguarding trends. We hope that you find them useful.

What is Safeguarding?



Safeguarding is the action that is taken to promote the welfare of children and protect them from harm (NSPCC 2020)



Safeguarding means:

- Protecting children from abuse and maltreatment
- Preventing harm to children's health or development
- Ensuring children grow up with the provision of safe and effective care
- Taking action to enable all children and young people to have the best outcomes

Safeguarding children and child protection guidance and legislation apply to all children up to the age of 18.

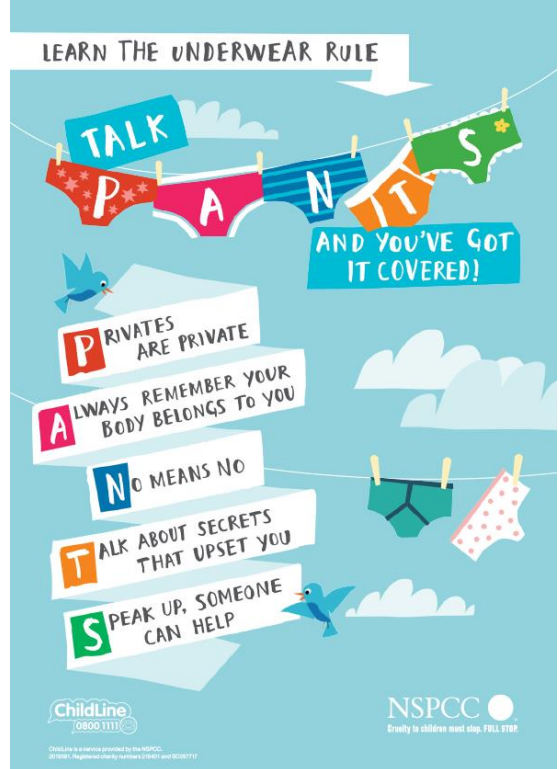
Remember you can share any concerns you have with the safeguarding team by emailing office@cheddarfirstschool.co.uk or any member of the team directly.

NSPCC PANTS

At the start of an academic year, it is always a useful time to remind children about how to keep themselves safe. One of the resources we use is the NSPCC Talk PANTS. Developed with children, parents, carers and teachers, Talk PANTS will help children understand that their body belongs to them, and they should tell a safe adult they trust if anything makes them feel upset or worried.

Why not have a look and use some of the resources at home:

<https://www.nspcc.org.uk/keeping-children-safe/>



Baby and Child Sleep Masterclass

We are delighted to offer a free masterclass with Kath Garwood, The Sleep Nanny, for our families here at Cheddar First School and Preschool on Tuesday 8th October from 6.30-7.30pm. Please do take the opportunity to attend this free session.

If you would like to book a place, please click on the link below:

<https://link.apisystem.tech/widget/form/2YoKkUPAT16rUul9zHPk>

Baby Talk!

We all know that having a baby can be the most rewarding experience, but it is also tough at times. There is lots of help and advice out there to support you. ICON is all about helping people who care for babies to cope with crying.

<https://iconcope.org/advice-for/parents/>



Infant crying
is normal



Comforting
methods can
help



It's OK to walk
away



Never, ever
shake a baby

Our Safeguarding Team

If you are worried about a child's safety please do not hesitate to contact the Designated Safeguarding Lead or Deputies straight away. They can all be contacted via the office: 01934 742 546 or office@cheddarfirstschool.co.uk



Mrs Suzi Smith
Designated Safeguarding Lead



Mrs Deborah Hale
Safeguarding Local Partner



Mrs Sarah Griffin
Deputy Designated Safeguarding Lead



Mrs Sam Wade
Deputy Designated Safeguarding Lead

“ **Safeguarding is everyone's responsibility** ”

Further Websites

Trusted Adults

<https://vimeo.com/724861278/182cbb95a5>

Speak Out Stay Safe

<https://www.nspcc.org.uk/keeping-children-safe/our-services/working-with-schools>



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