



Cheddar First School & Preschool

Where every child is at the heart

Intimate Care Policy

Written by: Mrs Samantha Wade

Authorised by: Mrs Suzi Smith

Aim

Cheddar First Nursery and Preschool recognises that every child develops at different stages and we provide the facilities to develop toilet training where necessary. Intimate care routines are essential throughout the day to ensure children's basic needs are met. This may include nappy changing, supporting children with toileting and changing clothes where required.

We wish to ensure the safety and welfare of the children involved in intimate care routines and safeguard against any potential harm as well as ensuring the staff member involved is fully supported and able to perform their duties safely and confidently.

Through the following actions we endeavour to support all parties:

- All of our staff/students undertaking intimate care are enhanced DBS checked
- Train all staff in the appropriate methods for intimate care routines.
- Conduct through inductions for all new staff to ensure they are fully aware of all procedures relating to intimate care routines.
- Follow up on these procedure through supervision, meetings and appraisals to identify any areas for further training.
- Ensure all staff have an up-to-date understanding of safeguarding and how to protect children from harm. This will include identifying signs and symptoms of abuse and how to raise concerns in the most appropriate and speedy manner.
- The Nursery and Preschool have assessed all the risks relating to intimate care routines and placed appropriate safeguards in place to ensure the safety of all involved.

Potty Training Procedure:

All staff will be made aware of any child undertaking toilet training and we will work in partnership with parents/carers to ensure the child's needs are met during the child's session.

and we will follow the procedure stated below when toilet training a child at our nursery and preschool:

- Staff will praise any efforts made by the child.
- Staff will wear disposable gloves when dealing with any accidents.
- Staff will change the child with dignity.
- All staff will work in partnership with parents/carers.
- Students will be supervised by a qualified member of staff.
- Staff will wash their hands with soap and hot water after dealing with any accidents. Paper towels are provided for drying hands.

Academy Name: Cheddar First School and Preschool

Date Reviewed: Dec 2021

Date of Next Review: November 2022



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Nappy Changing Procedure:

Cheddar First Preschool recognises that every child develops at different stages and understand that some children may still be wearing nappies during their time at Preschool.

We work in partnership with the parent/carer to ensure that the child's needs are met during their sessions.

We expect parent/carer to provide nappies, wet wipes and a change of clothing in a bag clearly labelled with the child's name. We will follow the procedure stated below when changing a child at our Preschool.

The following procedure for nappy changing also applies in case a child accidentally wets or soils him/herself or vomits whilst on the premises:

- It is the responsibility of the member of staff that finds a child with a soiled nappy to change the child's nappy immediately to ensure the child does not become sore and is not in discomfort.
- Staff will use the changing area located in bathrooms in the main Fledglings room and Sycamore room
- The changing area will be cleaned with antibacterial wipes after each use ensuring it is clean for the next child.
- Staff will wear disposable gloves and an apron every time.
- Soiled nappies will be disposed of in the nappy bin provided in each bathroom.
- Staff will wash their hands with soap and hot water after nappy changing. Paper towels are provided for drying hands.
- We will ensure that there are always two members of staff present within the area when changing a nappy.
- The changing room doors remain open at all times
- No tablets are to be taken into the bathroom at any time

Academy Name: Cheddar First School and Preschool

Date Reviewed: September 2023

Date of Next Review: September 2025

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